

Do **not** undertake any other facial skincare treatments within 48 hours of having a Facial.

Stay away from direct sunlight/sunbeds and heat e.g. saunas for 48 hours after having a Facial and always use an SPF.

Keep make-up and other skincare products to a minimum for 24 hours after your Facial.

Do **not** apply any other exfoliating skincare products for 72 hours.

book in for treatments monthly.

after your Facial.

For long term results use the prescribed products for home care and